



**Chris Seefried**

**DENIM BLUE**

NOVATUNES



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# Meet Chris

**B**orn in New York City, Chris Seefried was the lead singer/guitarist for the bands Gods Child and Joe 90. Gods Child, signed by Quincy Jones, released two albums "Everybody" and "Aluminum" on Warner Brothers records. Their first album "Everybody" written and produced by Chris, features the Billboard hit "Everybody's One" that topped both the billboard Modern Rock and Album Rock categories simultaneously.

Joe 90, based out of L.A., has released two albums, also written and produced by Chris entitled "Dream This" and "A Raccoons Lunch", featuring "And When I Die", the end title from the New Line Cinema film Final Destination. "Dream This", which was mixed by Tony Visconti (David Bowie, Paul McCartney), received a 3 1/2 star review in Rolling Stone magazine, while synching every single track to film and television. It was also voted Album Network's top record of 2000.

Joe 90 spent all of '99 and throughout 2000 touring with Counting Crows. In between making records working with Donovan and touring as Rosanne Cash's guitar player, Chris has scored numerous films, television shows and commercials. The song "Drive" (with Adam Duritz of Counting Crows also on vocals) was featured as an end title on the HBO hit series Six Feet Under.

As co-writer with Jude Christodal, Chris wrote and performed the Drive Shaft song "You All Everybody" for the hit ABC television series Lost and wrote and performed

the theme song "Calling All Friends" for ABC television series What about Brian with his band "Low Stars".

Chris Seefried is a founding member and co-producer of Low Stars' self-titled release on Hear Music, produced by George Drakoulis.



## Track Listing

1. Denim Blue
2. More Or Less
3. Sweet Love
4. You Make Me
5. Beautiful Mess
6. Empty
7. Great Big SKy
8. Hand Of Fate
9. Justified/ballad of the unborn child
10. Mint Leaf

# Chris Seefried

## DENIM BLUE

# The Making Of Denim Blue

## DENIM BLUE

I started recording **“Denim Blue”** my first solo record, right after 9/11. I went to New York in October to go to the benefit relief concert at the Garden and decided to record **“Great Big Sky”**, a song I’d just written about the whole state of fuck.

Rich Pagano played drums and we produced it together at the old **Pilot Recording Studio** on 19th and 6th in Manhattan where I had recorded **Gods Child “Everybody”** all those years ago. It seemed like the right place to start over again. Studio owner and head engineer **Will Schillinger** was there with sentimental sound board and we brought in **Richard Lloyd of Television** to add psychedelic electric guitar for the final crossed eye.

I listened to the rough mix while walking around the petroleum spilled soot stained still sobbing 6th avenue city and we made plans to do more recording in the new unclear year.

In a rush between **Patty Smith** tapings at **Letterman** (Rich was subbing for **JD Dougherty** who was recovering from a motorcycle accident and **Tony Shanahan** was playing bass on the record), we recorded **“A Million Roads”** and **“What do you see”**. I wasn’t real happy with the way this stuff came out but I was unsure if it was the songs or the recordings that missed. I went back to LA to write more songs.

**“Denim Blue”** was the next song I wrote. I sent Rich a demo and he came out to LA to record it along with **“Second Chance”**, an old song of mine I’d never committed to tape.

**David Immergluck** was brought in for mystical mandolin playing and psychic reinforcement for the whole **David Crosby/Jerry Garcia** collaborative collision we were going for.

These sessions went real well and although I don’t think the lyrics of **“Second Chance”** stand up completely, the track is great and **“Denim”** was the

language we were looking for. We felt we’d earned our beards!!!

Rich was staying at the house so I played him **“More or Less”**, a song about leaving, living and wanting to get back home. We decided this was the next tune we wanted to record. Setting up again at Pilot, Tony came by to play the bass after we had the basic track and then Rich and I did everything else real fast. **“Hand of Fate”** was recorded next back in LA and I did a quick recording of **“Beautiful Mess”** which David added baritone mandolin and peddle steel to right after Rich split.

A demo of **“Tracks in the Rain”** was then finished and when I played it for **Immergluck** he convinced me to turn it into a record. We bounced the tracks to **Roberts Hawes** system and finished at his place. Gary DeRosa came by to play tambourine. **“Justified”** was also recorded there live with 2 acoustic guitars around one U-47 microphone (wank) and then we built the track. **Henry Diltz** came around during that session to take some fly on the wall shots and wound up playing the harmonica solo for the outro piece I called **“ballad of the unborn child”**. Star was pregnant. David thought my harp playing sounded like a baby blowing a whistle.

These tracks were sent to Rich in NY where he mixed them along with **“More or Less”** and everyone thought the record was done.

Rich and I then went out on tour with **Rosanne Cash** that summer and winter and listened to the mixes on the road.

When we got home I wrote **“You Make Me”** and a song called **“Sweet Love”** which I thought would add tempo to the album. I also wanted to re-visit **“What do you see”** and re-title it **“Child”** in honor of my wife’s beautiful new life evolving shape.

I did **“You make Me”** at Robert’s studio Neptunes Broiler on my own, as it was a love song to Star. I cut piano and wurlitzer to click, added bass, some acoustic guitar and a vocal and sent it to Rich in NY. He recorded drums and sent it back to LA the next day. Ludvig Girdland (God bless him) came in and we put together a quick head arrangement for strings. He wrote it down and layered it, then we sent it back to Rich to mix in NY. I think I was there for that mix....

Back in LA I played **“Sweet Love”** for David on my J-45 in the control room

while Robert got sounds on drums and Sheldon's upright. David said, "we have to do that one" but I wasn't sure it was ready. I'm still not.

We cut "**Child**" first and then "**Sweet Love**" with acoustic, bass and drums and then re-tuned the drums for "**LA Forever**".

The basic tracks were real relaxed and had a great tonality between the string bass and Don's kit. David put me through Aretha Bowie gymnastics to get the right vocal on "**Sweet Love**".

I originally was thinking "**Astral Weeks**" but instead of Woodstock/Irish it came out Philly/English and it will one day be re-mixed for the third time.

I've heard on days off Barry and Robin still take stabs at remixing "Jive Talkin".

Around this time **Dave Gibbs** after playing with me on a few shows, suggested we form a super group around this material.

He was immediately invited in to sing background vocals on "LA" and "Child".

He then introduced me to **Jude** who also came in to sing on the same songs.

I then got deeply involved musically with the the two of them

and finally Dave suggested we play and sing with **Jeff Russo**.

I sat down on Jeff's front porch for a play one fine fall day and the rest as they say is history on [www.lowstars.com](http://www.lowstars.com)

I delayed the release of "Denim" and devoted myself completely to "Low Stars", a most rewarding record and band.

Anyway, finally, here it is, "Denim Blue".

Also included, some photos to prove it, some video if you choose it, some outtakes, don't lose it.

Enjoy the trip.

If you get lost, call me.

- CS



Design (they) the a lot of  
what's broken  
in the morning  
two fine people had led  
they think they need a ch  
away the cost see to  
break those  
they're both stuck  
in the same old

Lyrics

## DENIM BLUE

C.Seefried

Denim Blue the color of what's breaking  
In the morning two fine people are waking  
They think they need a change  
Cause they can't seem to break through  
Their both stuck in the same old ....

Denim Blue is faded like the sky  
Tears came falling  
The colors all ran dry  
Now they both feel alone  
You know sometimes we all do  
When we're stuck in the same old Denim Blue

And I believe  
The hours between  
Waking up and growing old

Should be spent with  
Crazy days  
And things you'd never change  
And in the end your story will be told

Like a dancer dancing in her room  
She turned her back on a dream before she took a bow  
She walks over to the window  
And waves down at the avenue  
She thinks she's like to go and find herself....

A banker who knows what's in his pockets  
He can reach in and always have something to hold  
They may be tearing at the fringes  
May need to loosen a stitch or two  
But he feels good in the same old Denim Blue

Denim Blue the color of what's breaking  
In the morning two fine people are waking  
Some things you can't change  
But you can change your point of view  
They feel good in the same old Denim Blue  
Oh yeah Denim Blue

## MORE OR LESS

C.Seefried

I was woken by the winter sun out this window  
There's a frost on the road that I'll be traveling  
I'll be takin' a bus to a plane  
to fly me from this place  
I must be leaving

More or Less I want more I guess  
We all don't and we do our best  
It's time for me to be moving on  
Take me home  
Where I belong

I left home early vowing never to return and waved goodbye  
To unfamiliar places with unknown faces there go I  
I'm takin' a bus to a plane  
To fly me from this place  
I must be leaving

To the strangers I already know  
For the summer and for the snow  
That I never have to be alone at night  
I know what that's like

Tonight I woke from sleeping with an emptiness inside  
After all this living I feel like something's died



## SWEET LOVE

C.Seefried

You told me to laugh  
Laugh baby laugh  
You told me to laugh  
When you knew that I wanted to cry

You told me to live  
Yeah you got something to give  
You told me to live when you knew  
That I wanted to die

What should I do  
C'mon come shinin' through  
We got today  
C'mon show me the way

To love  
Sweet love  
La la la Love  
Sweet Love

You told me get high  
Get high baby get high  
You told me get high  
When I was getting so low

You told me get out  
That's what it's all about  
Get out do some livin'  
This life you were givin' to live

You say be real  
You say be true  
You tell me be me and I will have you  
You say fall back

Baby get blue

Your all I wanna see  
I wanna be  
I wanna do  
I wanna have  
I wanna feel  
I wanna say it to you

You are the world  
The sky up above  
Shine like the sun  
Sweet love

## YOU MAKE ME

C.Seefried

In my life I get lost sometimes  
Searchin' for what I don't know

I can't seem to find myself  
Lookin' high and low



I've traveled long and hard  
Tryin to find some truth

while my soul was searchin'  
I found a road that leads to you

In a dream I saw you  
I knew you were mine  
You brighten up the darkness  
Like a light , like a light (that) shines  
You make me, you make me  
The most me I could ever be

Hear me calling out your name  
It's understood I want you now

I can't make it without you here with me  
Then out of the slip you appear somehow

So when you're down  
you can reach for me  
cause you know  
I'll be around

In my life I get lost sometimes  
Searchin'but now I know

Everything I ever hoped for is  
Here with me  
All I need is you alone

## BEAUTIFUL MESS

C.Seefried

I would gladly confess  
To this beautiful mess  
But I'm feelin' much less than I should

I would undo this harm  
With a snake or a charm  
If I thought it could do any good

Some things are bad and some things are worse  
Than what you saw or what you see

We all need protection from the place  
We don't want to be

I should tell you goodbye  
Or atleast try to try  
Instead of running to hide from it all

Then things would all be o.k.  
We could both walk away  
And we'd get what we want  
what we deserve

I will gladly confess  
To this beautiful mess  
That I'm feelin' much less than I should

I will undo this harm  
With an uncertain charm  
Cause I know it's gotta do some good



## EMPTY (Instrumental)

C.Seefried

## GREAT BIG SKY

C.Seefried

Everything's fine for today  
All of my friends are o.k.  
Don't confuse understanding for standing under  
The bridge as the pillars give way

Nobody's alone  
With or without a home  
Everyone feels nothing is real  
And something is burning in the field

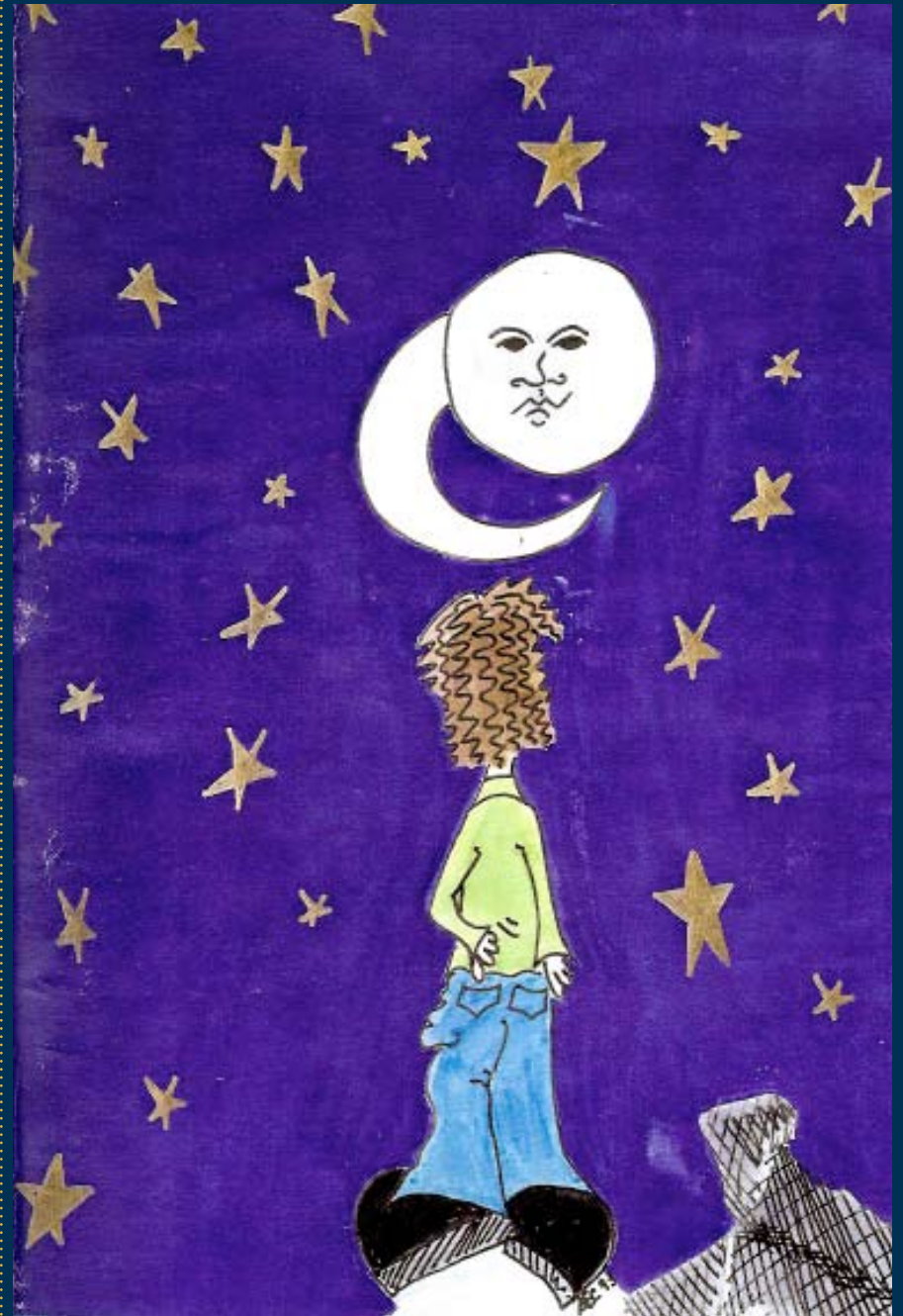
If we're all afraid  
Trouble may stay  
When fear becomes worries  
Happiness fades away....

We put a man on the moon  
To see the earth in the sky  
And the sky looked so black  
And the earth looked so white

From the silvery light  
That shines from the moon  
Nothin' could go wrong  
Such a gift to belong  
In the Great big Sky  
The great big sky

Don't let your troubles trouble you  
Change is gonna happen anyway  
and be a better place to view

If we're all so brave  
Freedom will be safe  
When fear becomes worries  
Happiness fades away





## HAND OF FATE

C. Seefried

I think maybe I waited to long  
I'm still livin' in my apartment alone  
Got a job that keeps me on the phone 'til ten  
Go to sleep and then start all over again

Layin' there thinkin'  
What did I do wrong  
Is there somewhere out there  
Where I belong

Oh you can't count the minutes  
If the seconds are missing  
The hours will fade  
And then they're gone

So if the years you've been living  
In this life you've been givin'  
Are slippin' away don't let it wait another day  
Don't be afraid shake the Hand of fate

Sun it rises and it starts all over again  
I start thinkin' maybe this is the day when  
I can change my luck change my point of view  
Maybe meet someone maybe it will be you

Layin there thinkin'  
What can I do right  
Is there someone out there  
for me tonight

## JUSTIFIED/ BALLAD OF THE UNBORN CHILD

C.Seefried

I wanna enter my house justified  
I wanna sermon my truth even though I have lied  
I wanna live long enough before I die  
I wanna enter my house justified

Think about it before you go  
There's someone waiting in the room below  
There's a seat with your name in the front row  
Think about it before you go

Think about it before you leave  
There might be something you could achieve  
Don't start talking unless you believe  
Think about it before you leave

Think about it in your car  
You don't need directions to get that far  
You could always follow the brightest star  
Think about it

## MINT LEAF (Instrumental)

C.Seefried





Credits/Thanks

## Credits:

### 1. "Denim Blue" (C.Seefried)

#### Silver Sky Songs (BMI)

Produced By Rich Pagano And Chris Seefried  
Recorded At Denim Blue Notes LA, CA By Robert Hawes  
Mixed At New Calcutta NYC, NY By Rich Pagano  
Drums & Percussion- Rich Pagano Fender Bass- David Immergluck Acoustic Guitar- Chris Seefried Electric Guitar- Chris Seefried, David Immergluck Mandolin & Peddle Steel- David Immergluck Electric Piano- Gary Derosa Background Vocals- Chris Seefried, Rich Pagano

### 2. "More Or Less" (C.Seefried)

#### Silver Sky Songs (BMI)

Produced By Rich Pagano And Chris Seefried  
Recorded At Pilot Recording Studios NYC, NY  
By Will Schillinger Mixed At New Calcutta NYC, NY By Rich Pagano  
Drums & Percussion- Rich Pagano Bass- Tony Shanahan Acoustic Guitars- Chris Seefried Harmonium & Hammond B3- Chris Seefried Strings- Ludvig Girdland  
Background Vocals- Chris Seefried, Rich Pagano

### 3. "Sweet Love" (C.Seefried)

#### Denim Blue Notes (BMI)

Produced By David Immergluck And Chris Seefried  
Recorded At Denim Blue Notes LA, CA By Robert Hawes  
Mixed At Neptunes Broiler By Robert Hawes  
Drums- Don Heffington Double Bass- Sheldon Gomberg  
Acoustic Guitar- Chris Seefried Electric Guitar- David Immergluck Strings- Ludvig Girdland Background Vocals- Chris Seefried, David Immergluck

### 4. "You Make Me" (C.Seefried)

#### Silver Sky Songs (BMI)

Produced By Chris Seefried  
Recorded At Denim Blue Notes And Neptunes Broiler La, Ca  
By Robert Hawes  
Mixed At New Calcutta NYC, NY By Rich Pagano  
Additional Engineering By Rich Lamb At New Calcutta Nyc  
Drums- Rich Pagano Bass- Chris Seefried Acoustic & Electric Guitars- Chris Seefried Electric & Acoustic Piano- Chris Seefried Strings- Ludvig Girdland

### 5. "Beautiful Mess" (C. Seefried)

#### Denim Blue Notes (BMI)

Produced By Chris Seefried  
Recorded And Mixed At Denim Blue Notes LA, CA  
By Robert Hawes  
6 And 12 String Acoustic Guitars/Electric Guitar/  
Harmonica- Chris Seefried  
Baritone Mandolin/Peddle Steel- David Immergluck

### 6. "Empty" (C.Seefried)

#### Denim Blue Notes (BMI)

Produced & Performed By Chris Seefried  
Recorded And Mixed At Neptunes Broiler LA, CA By Robert Hawes

### 7. "Great Big Sky" (C.Seefried)

#### Silver Sky Songs (BMI)

Produced By Rich Pagano And Chris Seefried  
Recorded At Pilot Recording Studios NYC, NY By Will Schillinger. Mixed At New Calcutta NYC, NY By Rich Pagano  
Drums & Percussion- Rich Pagano Bass- Chris Seefried  
Acoustic Guitar- Chris Seefried Electric Guitar- Richard Lloyd, Chris Seefried Piano & Hammond B3- Chris Seefried



### 8. "Hand Of Fate" (C.Seefried)

#### Silver Sky Songs (BMI)

Produced By Rich Pagano & Chris Seefried  
Recorded At Denim Blue Notes La, Ca By Robert Hawes  
Mixed At New Calcutta NYC, NY By Rich Pagano  
Drums & Percussion- Rich Pagano Bass- Brett Simons  
Acoustic & Electric Guitars- Chris Seefried Background  
Vocals- Chris Stills, Chris Seefried

### 9. "Justified/Ballad Of The Unborn Child" (C. Seefried)

#### Silver Sky Songs (BMI)

Recorded At Neptune's Broiler LA, CA By Robert Hawes  
Mixed At New Calcutta NYC, NY By Rich Pagano  
Acoustic Guitars- Chris Seefried, David Immergluck  
Mandolin- David Immergluck Bass/Piano- Chris Seefried  
Electric Piano/Organ- Gary Derosa Harmonica- Henry Diltz  
Violin- Ludvig Girdland

### 10. "Mint Leaf" (C. Seefried)

#### Denim Blue Notes (BMI)

Produced & Performed By Chris Seefried  
Recorded And Mixed At Denim Blue Notes LA, CA

## Thanks

Special thanks To **Rich Pagano** who started this album with me as a co-producer and wound up mixing most of it. To the great **David Immergluck** who appeared from anywhere ready for music whenever. A lifer and a co-inspirer.

Long lasting thanks to Star Jasper, Ava Hall, Betsy Seefried Tirone & Romeo, Joyce & Al, Alex and Cathy, Ken Hertz, Fred Goldring, Seth Lichtenstein, Ken Kommissar, David Sonnenberg, Rosanne Cash, Adam Duritz, Henry Diltz, Andrew Orth, Ludvig Girdland, Sheldon Gomberg, Don Heffington, Gary DeRosa, Dave Gibbs, Jude Christodal, Jeff Russo, Craig Ruda, Chris Stills, Ehud Lazin, Patrik Giardino, Amy C., Collette Weintraub, Liz Heller, Gerald & Michael Cuesta, Tommy Dana, Tim Bogart, Will Schillinger & Robert Hawes.

All songs written by Chris Seefried  
Silver Sky Songs (BMI)  
Except "EMPTY", "SWEET LOVE" "MINT LEAF"  
Denim Blue Notes (BMI)

ALL PHOTOS  
Henry Diltz, Andrew Orth, Patrik Giardino, Jaffrey Bender,  
Star Jasper, Chris Seefried & Sara  
Illustration by Amy C. from "Pocket Full of Wishes"

Mastered by Fred Kevorkian  
Avatar Studios NYC NY

